

~~BOOK 31~~ ~~Mayo/Text~~ ~~144~~ ~~Title: Within/without~~
~~Holistic Healing, sleep, homeostasis~~

ephemeral system (mind, body, emotions, soul/synchrony) along social/external synergy,

November
4th
2023 and (most importantly); internal and external implementation

Yawm of Divine Revelation,
Thaani is the key to ephemeral, celestial and eternal

success, both in this world and the hereafter (in light

of an Orthodox

Islamic spiritual

outlook) - wa Allahu

- And Allah knows best

- Wa Allahu A'lam

- Alhamdulillah, was salatuh
wassalaam alaikum

Rasulullah